Premarital Counseling: Preparing Couples for a Lifetime of God-honoring Marriage Complete for Session III

Homework Assignment III: Communicating within Marriage

Next session:

Read Ephesians 4:15, 25-32. Read Unit 4 in *Strengthening Your Marriage*

1. Identify 3 important points you found in Unit 4 of Strengthening Your Marriage.

1_	
2	
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2. There are lots of Scriptures that relate to communicating and the appropriate use of our tongues. Read the following Scriptures to answer the question.

Proverbs 12:18; Proverbs 15:1, 4, 23; Proverbs 17:27-28; Proverbs 18:21; Proverbs 19:20; Proverbs 29:20; Matthew 15:17-18; Colossians 4:6; James 1:19; James 1:26.

Identify some biblical principles related to communicating with one another?

3. How much power is in the tongue (Proverbs 18:21)? How can it be destructive? How can it be affirming?

4A. In regards to communicating, what are your strengths?

4B. What are your weaknesses?

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5A. In regards to communicating, what are your partner's strengths?

5B. What are your partner's weaknesses?

- 6. What role does *listening* play in communication? Are you are good listener?
- 7. What does it mean to speak the truth in love (Eph. 4:15)?
- 8. In regards to communication within your relationship, have you noticed any issues of concern in regards to the following area:

Lack of communication:	
Lack of listening:	_
Tone of communications:	
Defensiveness:	_
Anger:	
Nonverbal communications:	_

- 9. Read Ephesians 4:29. How could that one verse impact your marriage?
- 10. What are you going to start doing to be a better communicator with your partner?

Begin keeping track of expenses for the month to be used in your budget.