

Homework Assignment IV: Conflict Resolution, Forgiveness and Infidelity

Next session: _____

Read pages 73-74 in *Strengthening Your Marriage*

1. Identify 1 of the 12 suggestions that would most benefit your marriage if you would practice it regularly with your spouse. (Elaborate on how you will put it into practice.)

2. How would you classify the conflicts you have experienced during your courtship? (frequent conflicts/infrequent, short lived, explosive, hurtful, etc.)

3. What area(s) have caused the most conflicts in your relationship (finances, friends, career decisions, spiritual issues, parents, time, jealousy, philosophies, etc.)

4. Read *James 4:1-2*. According to James, why do people fight and quarrel? _____

5. How would James describe the person who quarrels and fights? _____

6. How do you normally respond when a problem or disagreement arises? _____

7. Are you guilty of manipulation (silent treatment, bringing up past, etc.) during conflict?

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8. How would observing the Golden Rule (Matt. 7:12) impact your relationship? _____

9. How would you describe your willingness/quickness to forgive? _____

10. Who normally takes the first step in seeking reconciliation and forgiveness? _____

11. Many of the Scriptures speak about forgiveness. Read each Scripture below and identify how it should apply to you and your relationship.

Matt. 6:12-15 _____

Matt. 18:21-22 _____

Mark 11:25 _____

Luke 17:3-4 _____

Eph. 4:25-27 _____

12. According to Colossians 3:12-13, why should we forgive? _____

13. What is your greatest concern(s) in regards to conflict resolution and forgiveness?

14. What do you think your response (seek reconciliation, divorce, etc.) might be if your spouse was unfaithful to you (sexual immorality)? _____

15. What are some steps/precautions you will take to prevent sexual immorality on your part? What steps do you want your partner to take? (Read 1 Corinthians 10:12)

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